

INFORMATION FOR PATIENTS TAKING JARDIANCE® (empagliflozin) TO TREAT TYPE 2 DIABETES

Jardiance® 
(empagliflozin)

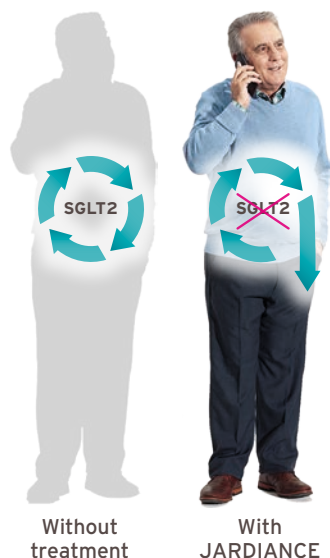
You have been given this information by your doctor or nurse.
Denna information har du fått av din läkare eller sjuksköterska.

JARDIANCE is a medication used to treat type 2 diabetes in adults who have failed to achieve sufficient response from diet, exercise or other medications.

How does JARDIANCE work?

In type 2 diabetes, the body accumulates extra sugar - due to the effect of a substance in the kidneys known as SGLT2.

- JARDIANCE blocks SGLT2 so that excess sugar (on average 78 grams/day) is excreted in the urine. This makes it easier to control blood sugar.
- If you have cardiovascular disease JARDIANCE reduces the risk of new cardiovascular events, such as heart attacks and stroke, as well as death.
- JARDIANCE may also result in some weight loss (but it is not a drug intended to be used for weight loss).



In type 2 diabetes, high levels of sugar circulate in the blood. Jardiance blocks SGLT2, which causes excess sugar to be excreted with the urine.

Is treatment associated with side effects?

All medications may cause side effects, although not everyone experiences them. The most common adverse drug reactions of JARDIANCE are:

- Genital fungal infection (redness, itching and irritation).
- Urinary tract infection (burning pain on urination, cloudy urine, urinary frequency, pelvic and/or back pain).

These side effects are more common in women, and in most cases are mild or moderate and seldom recur after being treated by a doctor.

- A mild increase in the need to urinate is also a common side effect of JARDIANCE.

You can read more about side effects in the package insert. Always contact your doctor if you experience any side effects from your treatment. Do not stop taking JARDIANCE before speaking to your doctor.

Regarding hypoglycaemia (abnormally low blood sugar)

JARDIANCE rarely causes abnormally low blood sugar, though concomitant treatment with other drugs for diabetes (sulphonylureas or insulin) may cause hypoglycaemia. If you experience symptoms such as tremor, sweating, slurred speech, dizziness or headache, it is a good idea to take a dextrose tablet, a glass of juice or milk. Rest a while and then eat something like a fruit or a sandwich. Always contact your doctor if the problems do not go away or worsen.

Read the included patient information leaflet or see www.fass.se for complete information about JARDIANCE.

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About diabetic ketoacidosis

Diabetic ketoacidosis (DKA) is a serious condition that in rare cases has occurred during treatment with SGLT2-inhibitors such as JARDIANCE. DKA is caused by overly acidic blood (low pH) and can lead to symptoms such as rapid weight loss, nausea or vomiting, abdominal pain, excessive thirst, rapid and deep breathing, confusion, abnormal fatigue, fruity breath odor, sweet or metallic taste in the mouth and a change in the odor of urine or sweat.

If you experience any of these symptoms, you should immediately contact your doctor or the nearest hospital, even if your blood sugar level is not especially high. You may require emergency treatment and your diabetes medication may need to be changed.

If in doubt, contact your diabetes nurse, doctor or call 1177.

How to take JARDIANCE

- Take one tablet, once daily, with or without food.
- If you forget to take a tablet:
 - take it as soon as you can if you are 12 or more hours from your next dose
 - skip it if you are less than 12 hours from your next dose
 - take your next dose at the same time as usual
- Never take two tablets to compensate for a missed dose!
- To make it easier to remember to take your medicine, take it at the same time each day, such as when you eat breakfast or brush your teeth.



Take one tablet daily ...



... at a time that suits you ...



... with or without food

Read the included patient information leaflet or see www.fass.se for complete information about JARDIANCE.

JARDIANCE (empagliflozin), 10 mg and 25 mg film-coated tablets. Your doctor has prescribed this medication to lower your blood sugar and to decrease the risk of certain cardiovascular diseases. Jardiance is used to treat type 2 diabetes in adult patients (age 18 or older). Jardiance is used if your diabetes cannot be controlled with diet and exercise, or with other anti-diabetic medications. Jardiance can be used alone if metformin is not tolerated, or together with other drugs for treatment of diabetes. It is important that you continue with the diet and exercise program recommended by your doctor, pharmacy staff or nurse. Do not use Jardiance if you are allergic to empagliflozin or any other ingredient contained in this medicine. Talk to your doctor before you start taking Jardiance if you have symptoms of any of these conditions: type 1 diabetes, elevated level of ketone bodies in the urine or blood, serious kidney problems, extremely high blood glucose levels, if you are age 75 or older, if you feel ill or have a fever or are unable to eat or drink, if you have a serious urinary tract or kidney infection accompanied by fever. If you are age 85 or older you should not start taking Jardiance. Always read the package insert. Boehringer Ingelheim AB, Box 47608, 117 49 Stockholm. Tel +46 (0)8-721 21 00. This information is based on package insert 01/2018.

▼ This medicinal product is subject to additional monitoring, which will make it possible to quickly identify new safety information. You can help by reporting any side effects that you may experience.